



Breakthrough Counseling, LLC

26847 Grand River Avenue, Suite 20 • Redford, MI 48240

Tuesday, June 9, 2020

Dear Clients,

There has been a lot of changes with the effects of COVID-19. But, the State of Michigan is now in Phase 4 of Governor Whitmer's 6 Phase Plan to reopen. Phase 4 is the improving stage, which means businesses and restaurants will be reopening this month.

We are happy to announce that on Monday, June 15, 2020 we will be reopening our office! We will continue to offer Telehealth sessions as an alternative to an office visit for those who are not yet comfortable coming into the office. Please let us know if you decide to come into the office this month. And, if you are feeling symptoms or have been exposed to COVID-19 within the last 10 days, please plan to continue Telehealth.

As always, the most important priority at Breakthrough Counseling, LLC is the safety and wellness of our clients. We have amplified our cleaning and sanitizing procedures, and are stickily following the guidelines of the Center for Disease Control (CDC). If you do plan on coming into the office, we ask that you wear a mask. And, as always, we at Breakthrough Counseling are here to help you explore ways to cope & manage your feelings & breakthrough to a happier, healthier, & more empowered you.

Please, continue good hygiene practices:

- Stay home if you're sick, and advise others to do the same.
- Always cover coughs or sneezes with tissue or sleeve.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Wash your hands often with soap and warm water for at least 20 seconds. Use an alcohol-based hand sanitizes with at least 60% alcohol if soap and warm water are not available.

Sincere Regards,

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