



Breakthrough Counseling, LLC

26847 Grand River Avenue, Suite 20 • Redford, MI 48240

Friday, March 13, 2020

Dear Clients,

As always, the most important priority at **Breakthrough Counseling, LLC** is the safety and wellness of our clients. With the **novel Coronavirus (or COVID-19)** being declared as a pandemic and the State of Michigan has declared a State of Emergency. We have amplified our cleaning and sanitizing procedures, and are stickily following the guidelines of the **Center for Disease Control (CDC)**.

Due to recent events and increasing concerns about **COVID-19**, beginning Monday, March 16, 2020 we will be offering Virtual (Online & Teletherapy) sessions as an alternative to an office visit.

It is my understanding that most insurance providers are making allowances for Virtual Sessions and will be reimbursing insured individuals at the same rate they would for an in-office visit. Please check with your insurance provider by calling the 1-800 number on the back of your card to confirm this for your specific policy.

You are welcome to continue coming into the office for appointments, I will be in the office unless advised otherwise by the local public health department or the **Center for Disease Control (CDC)**.

The use of good hygiene practices should be used to prevent the spread of COVID-19 and other respiratory diseases.

- Stay home if you're sick, and advise others to do the same.
- Always cover coughs or sneezes with tissue or sleeve.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Wash your hands often with soap and warm water for at least 20 seconds. Use an alcohol-based hand sanitizes with at least 60% alcohol if soap and warm water are not available.

Sincere Regards,

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